



JOIN US ON

Aug 10, 2024

8:30AM - 9:30AM

1301 Herr Ln, Suite #187
Louisville, KY 40222

RSVP by:
Aug 6th, 2024



Bend and Zen
Hot Yoga

FREE Hot Yoga Class

Discover Balance and Inner Harmony
with us at GCS Smile Mission Team

Join us on a journey of rejuvenation as we go through ancient practices that harmonize the mind, body, and spirit.



Expert Instructors

Variety of Yoga Styles

Mind-Body Connection

Limited to the first 20 People, enroll now!

REGISTER NOW



502.373.6080



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